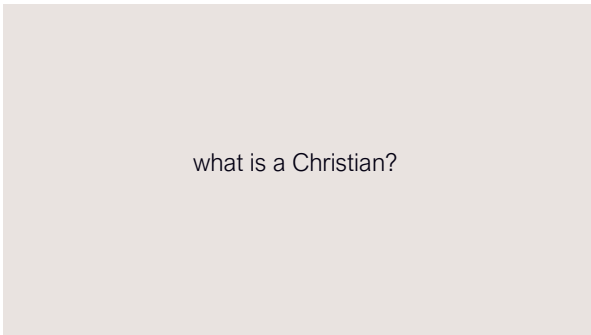




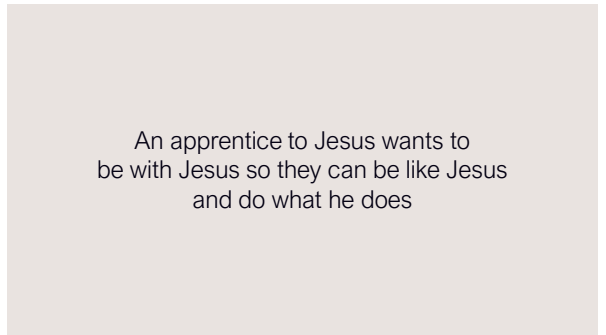
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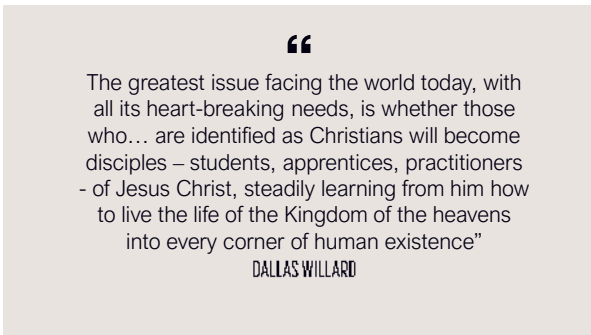
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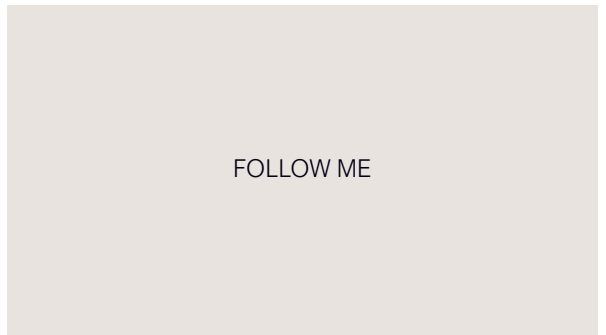
3



4



5



6

“

...because you have hidden these things from the wise and learned, and revealed them to little children

MATT 11:25

7

“

no one knows the Father except the Son and those to whom the Son chooses to reveal him.

MATT 11:27

8

“

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

MATT 11:28-30

9



10

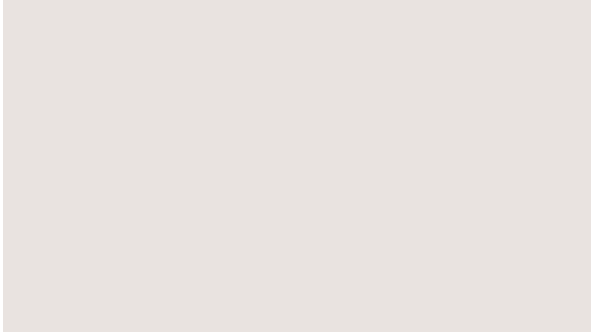
What is shaping your life?

11

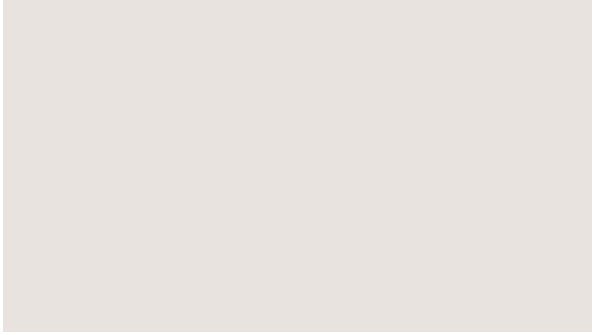


Practicing the Way

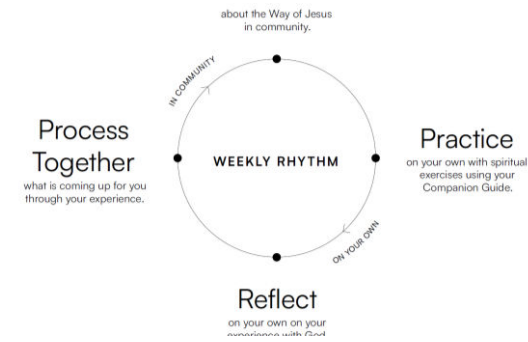
12



13



14



15

Spiritual Health Reflection Summary

Here are the results of your Spiritual Health Reflection. Once you have completed the Spiritual Health Reflection more than once, you can see the areas of growth and change over time.

What's next?

- Select one item to use a list of resources to help you grow in that area.
- Set time in advance to discuss next steps with God.
- Talk to your pastor or community about your results.

Your next reflection reminder will be sent **January 21, 2025**.

VIEW AND RESULTS

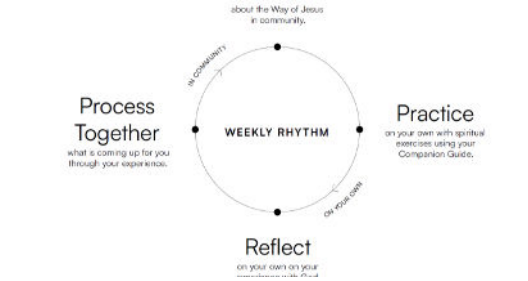
GET A REMINDER

CHOOSE DATES

The Practicing the Way Course

Companion Guide

16



17



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